

ST. JOHNS COUNTY SCHOOL DISTRICT  
HEALTH SERVICES

**ALLERGY MEDICAL MANAGEMENT PLAN**  
**SCHOOL YEAR \_\_\_\_\_**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Teacher: \_\_\_\_\_ Room: \_\_\_\_\_

**ALLERGY TO:** \_\_\_\_\_

**Asthma [ ] Yes\* [ ] No**

\*Higher risk for severe reaction if asthmatic\*

Place

ID Photo

Here

Parent/Guardian Name: \_\_\_\_\_

Ph: (H) \_\_\_\_\_

Address: \_\_\_\_\_

(W) \_\_\_\_\_

(C) \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Ph: (H) \_\_\_\_\_

Address: \_\_\_\_\_

(W) \_\_\_\_\_

(C) \_\_\_\_\_

Emergency Phone Contact #1 \_\_\_\_\_

Name

Relationship

Phone

Emergency Phone Contact #2 \_\_\_\_\_

Name

Relationship

Phone

Allergy Healthcare Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Other Healthcare Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

**STEP 1: TREATMENT**

**Symptoms:**

**Give Checked Medication\*\***

\*\*to be determined by physician authorizing treatment\*\*

- ☐ If a food allergen has been ingested, but no symptoms
- ☐ Mouth: itching, tingling, or swelling of lips, tongue, mouth
- ☐ Skin: Hives, itchy rash, swelling of the face or extremities
- ☐ Gut: nausea, abdominal cramps, vomiting, diarrhea
- ☐ \*Throat: tightening of throat, hoarseness, hacking cough
- ☐ \*Lung: shortness of breath, repetitive coughing, wheezing
- ☐ \*Heart: thready pulse, low blood pressure, fainting, pale, blueness
- ☐ \*Other \_\_\_\_\_

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
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| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |

☐ If reaction is progressing (several of the above areas affected, give  
\*potentially life-threatening. The severity of symptoms can quickly change\*

**DOSAGE**

**Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen® Jr. Auvi-Q™ Twinject™**

**Antihistamine: give \_\_\_\_\_**  
medication / dose / route

**Other: give \_\_\_\_\_**  
medication / dose / route

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

(Page 1 of 2) \*Revised July, 2013

## STEP 2: EMERGENCY CALLS

1. **Call 911. State that an allergic reaction has been treated, and additional epinephrine may be needed.**
2. **Call parent/guardian or emergency contact listed on page 1 if unable to reach parent.**
3. **Call physician. Contact information listed on page 1.**

Even if parent/guardian cannot be reached, do not hesitate to medicate or take child to medical facility.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_

Date \_\_\_\_\_

Doctor's Printed Name \_\_\_\_\_

Date \_\_\_\_\_

# ST. JOHNS COUNTY SCHOOL DISTRICT

## AUTHORIZATION TO ASSIST IN THE ADMINISTRATION OF MEDICATION/TREATMENT

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher/Homeroom: \_\_\_\_\_

### NURSING SERVICES AND MEDICATION/TREATMENT ORDER

*ALL INFORMATION MUST MATCH THE PRESCRIPTION LABEL! All medication must be properly labeled and in original containers. Complete one form for each medication/treatment to be administered. A new form must be completed if the dosage of a medication changes at any time.*

*Nursing services are recommended for the care of this student during the school day.*

*It is necessary for the following medication/treatment to be given in school and during school sponsored activities. I am aware that non-medical personnel may administer this medication/treatment.*

Name of medication/treatment: Benadryl/Allergy Relief Amount (Dosage): \_\_\_\_\_

Time to be given: \_\_\_\_\_ Date to start: \_\_\_\_\_ Date to end: \_\_\_\_\_

Health condition requiring medication: \_\_\_\_\_

Possible side effects: \_\_\_\_\_

Special instructions (i.e., may carry epi-pen/Glucagon on person): \_\_\_\_\_

Physician ordering medication: \_\_\_\_\_

(Print)

Physician's address: \_\_\_\_\_

Physician's phone: \_\_\_\_\_ FAX: \_\_\_\_\_

Physician's signature: (required for all medications) \_\_\_\_\_

### THIS SECTION FOR PARENT/GUARDIAN TO COMPLETE:

*As the parent or guardian of the student named above, I request that the principal or principal's designee assist in the administration of medication/treatment prescribed for my child.*

*I understand that under provisions of Florida Statute 1006.062, there shall be no liability for civil damages as a result of the administration of medication when the person administering such medication acts as an ordinarily reasonable, prudent person would have acted under the same or similar circumstances. I also grant permission for school personnel to contact the physician listed above if there are any questions or concerns about the medication. I have read the guidelines and agree to abide by them.*

*I authorize the physician to release information about this condition to school personnel.*

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Work/Home/Cell Phone**

\_\_\_\_\_  
**Date**

### ASTHMATIC OR ALLERGIC STUDENTS: POSSESSION OF INHALERS OR EPIPENS — Florida Statute 1002.20

*Florida law states an asthmatic student or allergic student may carry a prescribed metered dose inhaler or epipen on his/her person while in school with approval from his/her parents **and** physician.*

*The above named child may carry and self-administer his/her metered dose inhaler or epipen*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Signature: (required) \_\_\_\_\_ Date: \_\_\_\_\_

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*It is necessary for the following medication/treatment to be given in school and during school sponsored activities. I am aware that non-medical personnel may administer this medication/treatment.*

Name of medication/treatment: EpiPen/Auvi-Q Amount (Dosage): \_\_\_\_\_

Time to be given: \_\_\_\_\_ Date to start: \_\_\_\_\_ Date to end: \_\_\_\_\_

Health condition requiring medication: \_\_\_\_\_

Possible side effects: \_\_\_\_\_

Special instructions (i.e., may carry epi-pen/Glucagon on person): \_\_\_\_\_

Physician ordering medication: \_\_\_\_\_  
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