



## 2019-2020 Girls Golf

Head Coach: Adrienne Siewert (Adrienne.Siewert@stjohns.k12.fl.us)

Thank you for your interest in girls' golf. Golf is a great sport, and I want to create a team that competes well, improves a lot, and has a lot of fun being together. Experience is not required but is appreciated along with an interest in the game of golf.

I want girls on this team who are willing to work hard, contribute to creating a positive team culture, and have fun!

Eligibility:

Per the PMHS Athletics webpage, in order for a student athlete to be eligible to try-out for a sport at PMHS he/she must have the following:

- ALL ATHLETES MUST HAVE A CURRENT PHYSICAL (EL2 FORM) AND CONSENT AND RELEASE (EL3 FORM) IN ORDER TO PRACTICE. You can register your athlete for PMHS athletics and fill these forms out ONLINE at [www.athleticclearance.com](http://www.athleticclearance.com) (see directions page)
- Minimum of a cumulative 2.0 GPA.
- Must be less than 19 years 9 months old.
- Must have completed the 8th grade for the first time less than 4 years ago.
- All additional athletic eligibility information can be viewed on <http://www-pmhs.stjohns.k12.fl.us/athletics/>

Quick Facts:

- This will be my third-year coaching.
- Our home course is St. Augustine Shores Golf Club.
- We have matches 1-3 times a week, home and away.
- Transportation will be provided to away matches (this is what your Pay to Play Fee goes towards).
- The Pay to Play Fee is \$50 per sport.
- Each athlete must be registered with all forms filled out, including an updated physical, and submitted on [www.athleticclearance.com](http://www.athleticclearance.com) before the first practice on **July 29<sup>th</sup>, 2019**.
- This year the Remind app will be used for ALL communications. The code to join is @g2gdf. If you are joining by text, you will text that code to the number 81010.
- Media Day will be Saturday, August 3<sup>rd</sup> at 8:00am.

Practices:

Practices will be at St. Augustine Shores Golf Club from 4:30pm to approximately 6:00pm on Monday, Tuesday and Thursday except match days. Wednesday practice will be from 3:30pm to approximately 4:30pm. There will be no practice on Fridays

It will be your responsibility to arrange your transportation to and from practice each day and home matches at the Shores.

Dress:

- Dress appropriately. Practices: Nice pants or appropriate-length shorts, skirts or skorts and a nice collared shirt. **No tight clothes.** Avoid low cut or wide-necked blouses.
  - **NO:** bare midriiffs, low rise jeans, leggings, spaghetti straps, or bras that show. Short or tight skirts/shorts/pants, tank tops, wide-necked blouses or sweaters, T-shirts, torn jeans, bib overalls, and heeled shoes are not acceptable at any time throughout the season. Please be aware that it is incredibly awkward trying to coach someone who is not appropriately dressed for golf.
- Be careful with watches or jewelry. Watches can cause tendonitis. Repeated impact loosens stones in rings. Please put these valuables in your golf bag for protection.
- Always have a waterproof windbreaker that you can put on in case of rain.

Fair Share Fee

Menendez charges a fair share fee of \$50.00 per sport. This is to cover transportation to away matches. Any athlete who cannot afford the fair share fee should see Coach Turner.

What to put in your golf bag:

Items that should be in your golf bag include:

___ up to 14 of your golf clubs	___ extra golf balls	___ tees	___ ball markers
___ a water bottle	___ golf towel	___ golf glove	___ rule book
___ extra shoe laces	___ waterproof rain jacket	___ Kleenex	___ golf pencils
___ hair ties	___ band aids	___ chap stick	___ hat/visor
___ bug spray	___ sun screen lotion (no oils)	___ umbrella	

I think we're going to have a great season and I look forward to getting to know and coaching you all.

*Coach Siewert*

# Falcon's Girls Golf

Player's Name \_\_\_\_\_ Grade \_\_\_\_\_

Phone # (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Any known allergies i.e., (Peanuts, Shellfish, etc.) \_\_\_\_\_

Taking any special medications Coach should be made aware of \_\_\_\_\_

Mother's Name \_\_\_\_\_ Work # \_\_\_\_\_

Cell # \_\_\_\_\_ E-mail \_\_\_\_\_

Father's Name \_\_\_\_\_ Work # \_\_\_\_\_

Cell # \_\_\_\_\_ E-mail \_\_\_\_\_

Any other important information Coach should be made aware of.

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Uniform Size: S M L XL

## 2019 Falcon Girl's Golf Rules

- School work comes first.
- If you get ISS, you will NOT be able to practice or play that day.
- Any calls received from teachers about your class work or behavior will result in an in-person conference or telephone call with parents to resolve the issue.
- Practice and matches, players will stretch and loosen up before hitting any balls.
- Practice with a purpose, don't just hit balls, aim for a target and use different clubs.
- Practice sessions are just that, no playing around. Any player laughing or teasing another player hitting a bad shot shall be considered as hazing and will not be tolerated.
- While I want you to have fun, practice is not the time or place for gossip, bad mouthing or complaining about school. The same goes for to, at and from matches. At that time, focus should be solely on golf.
- Practice sessions are mandatory. Contact must be made with coach to be excused. Two unexcused absences will result in missed playing time. Ask me about potential conflicts well ahead of time and get all absences excused in person. If you are not at practice, and we do not know where you are, you are unexcused. If you are sick, notify me by sending a message in Remind.
- While on the golf course, players will act as good ambassadors of our school. They will dress and behave accordingly i.e., good sportsmanship, no foul language, etc.
- DRUGS, ALCOHOL OR TOBACCO will NOT be tolerated, and NO warnings will be given. Any infractions will result in a player, parent, Coach, and Athletic Director's conference before re-joining the team. Also, if a player is attending a party where alcohol, drugs or tobacco are being consumed, the player shall immediately leave or face possible consequences.
- Keep an accurate score. If you played five shots, record all five shots. If you lose count, ask your playing partner as they should be keeping your score also. Remember it is a "ladies" game, act accordingly. Any infractions or improperly turned in scores shall result in loss of playing time. This includes practice scores.
- Player's seeding order will be based on your previous scores and progress at practice. The Coach shall have the final decision. The Coach will also try to make sure that all players get playing time.
- Lettering shall result when a player has played in at least five of the matches, scores used in at least four of the matches, or demonstrated good conduct and or be a valued team member far and above what was expected.
- It will be your responsibility to arrange your transportation to and from practice each day and to and from home matches. Athletes are expected to be picked up promptly after practice and all home matches.
- Both at home and away matches, athletes are expected to stay until the end of competition. There will be no leaving early from matches; athletes must stay until all players are finished, scores have been tallied and a winner is determined.
- On days of away matches, athletes will be prepared and have all necessary equipment at school i.e. uniforms, shoes, golf bags, etc. so at dismissal, the players can quickly change and we can be on our way to the opponents golf course. Also, athletes will let parents know when we are expected to return to school and will be picked up promptly upon our return.
- Spectators are welcome at matches BUT are not to speak to or help players with their club selection, swing, aim, reading putts, etc.
- Every player is expected to participate in fundraising activities. Failure to do so could result in loss of playing time.

Always remember we are a team representing Pedro Menendez High School. Our goal is to have as much fun as possible, while being respectful to our team members and opponents.

Player's Initials \_\_\_\_\_

Parent's Initials \_\_\_\_\_

# Menendez Athletics

Patrick Turner Athletic Director



Pedro Menendez High School

600 State Rd 206 W.

St. Augustine, Fl. 32086

(904) 547-8660

## 2019-2020 Girls Golf Schedule

<u>Game Day</u>	<u>Game Date</u>	<u>Opponent</u>	<u>HOME/Away</u>	<u>V Time</u>
Tuesday	8/20/2019	Creekside	Away	4:30pm
Thursday	8/22/2019	Matanzas*	Away	4:30pm
<b>Tuesday</b>	<b>8/27/2019</b>	<b>Palatka*</b>	<b>HOME</b>	<b>4:30pm</b>
Tuesday	9/3/2019	Palatka*	Away	4:30pm
<b>Thursday</b>	<b>9/5/2019</b>	<b>Clay*</b>	<b>HOME</b>	<b>4:30pm</b>
Tuesday	9/10/2019	Clay*	Away	4:00pm
<b>Thursday</b>	<b>9/12/2019</b>	<b>Palatka*</b>	<b>HOME</b>	<b>4:30pm</b>
<b>Tuesday</b>	<b>9/17/2019</b>	<b>Matanzas*</b>	<b>HOME</b>	<b>4:30pm</b>
<b>Thursday</b>	<b>9/19/2019</b>	<b>Creekside</b>	<b>HOME</b>	<b>4:30pm</b>
Tuesday	9/24/2019	Palatka*	Away	4:30pm
Tuesday	10/1/2019	Conferences	Away	TBA
Monday	10/14/2019	Districts	Away	8:30am
Tuesday	10/22/2019	Regionals	Away	8:00am

**Head Coach – Adrienne Siewert**