

## Welcome to the 2017 Pedro Menendez Swim Season

The first day of practice will be Monday, July 31, 2017!!! The schedule preseason and when school starts will be the same. Monday, Wednesday, Friday mornings from 6:00-7:45 am, and Tuesday, Thursday afternoon from 4:30-6:30 pm. Saturday practices will be scheduled on a weekly basis but the time will be 8:30-10:00 am. There will be NO practice on Sundays.

All practices will be held at the Solomon Calhoun Center in West St. Augustine. The pool is located at 1300 Duval Street, St. Augustine, FL 32084.

Boys—Bathing suit (no street shorts allowed) and goggles.

Girls—One piece suit (no bikini's), goggles, and swim cap.

Water bottle—you will sweat! Bring one to put on the deck. We will have a water cooler in the afternoon to fill up water bottles.

\*All other materials will be provided for you (i.e. Pull Buoys, Kick boards)

Because our season is short, it is expected that you come to every practice. Exceptions will be made only with prior approval of the coaches only. Failure to attend every practice, including mornings will result in suspension from meets on not lettering for the season.

1. FHSAA Physical Form (must be less than 1 year old by end of season)
2. FHSAA Parent Consent Form
3. FHSAA Concussion Form
4. YMCA Participant Waiver
5. FHSAA Eligibility Form
6. Pay to Play is \$75 for the season (cash or check)

All documents must be turned in before any swimmer can participate in a practice! These documents and other important information can all be found on the Menendez Swimming website located at: <http://www-pmhs.stjohns.k12.fl.us/athletics/swim/>.

If you have any questions or concerns, please feel free to contact our team Captains, Bryce Abell and Kelsea Nierth. You can also reach me, Coach Madison at [mtimmons523@gmail.com](mailto:mtimmons523@gmail.com).

## Menendez Swim Meet Schedule 2017

**August 21**                      **Away: Bartram Trail**                      **5:00 pm wu 4:30 pm**

Address: 39 Riverwalk Blvd. St, Johns, FL 32259

**August 30**                      **Home: St. Joe**                      **4:30 pm wu 4:00 pm**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**September 13**                      **Home: Orange Park**                      **4:30 pm wu 4:00 pm**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**September 16**                      **Home: Ancient City Relays**                      **8:30 am wu 7:30 am**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**September 20**                      **Home: Mantazas**                      **4:30 pm wu 4:00 pm**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**September 23**                      **Away: SJC Conference**                      **TBA**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**September 27**                      **Home: Ridgeview**                      **4:30 pm wu 4:00 pm**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**October 5**                      **Away: Palatka**                      **5:00 pm wu 4:30 pm**

Address: Putnam Aquatic Center: 1209 Westover Drive, Palatka, FL 32177

**October 11**                      **Home: St. Augustine**                      **5:00 pm wu 4:30 pm**

Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084

**October 16-21**                      **Districts**                      **TBA**

**October 25**                      **Regionals**                      **2:30 pm**

Address: Frank Brown Park

16200 Panama City Beach Pkwy. Panama City Beach, FL 32413

**November 3**                      **States**                      **TBA**

Address: Sailfish Splash Park Aquatic Athletics Center

931 SE Ruhnke St. Stuart, FL 34994