

Welcome to the 2016 Pedro Menendez Swim Season!

The first day of practice will be Monday, August 1, 2016!!! The schedule preseason and when school start will be the same. Monday, Wednesday, Friday mornings from 6:00-7:45 am, and Tuesday, Thursday afternoon from 4:30-6:30 pm. Saturday practices will be scheduled on a weekly basis but the time will be 8:30-10:00 am. There will be NO practice on Sundays.

All practices will be held at the Solomon Calhoun Center in West St. Augustine. The pool is located at 1300 Duval Street, St. Augustine, FL 32084.

Boys—Bathing suit (no street shorts allowed) and goggles.

Girls—One piece suit (no bikini's), goggles, and swim cap.

Water bottle—you will sweat! Bring one to put on the deck.

*All other materials will be provided for you (i.e. Pull Buoys, Kick boards)

Because our season is short, it is expected that you come to every practice. Exceptions will be made only with prior approval of the coaches only. Failure to attend every practice, including mornings will result in suspension from meets on not lettering for the season.

1. FHSAA Physical Form (must be less than 1 year old by end of season)
2. FHSAA Parent Consent Form
3. FHSAA Concussion Form
4. YMCA Participant Waiver
5. FHSAA Eligibility Form
6. Pay to Play is \$75 for the season (cash or check)

These documents and other important information can all be found on the Menendez Swimming website located at

<http://www-pmhs.stjohns.k12.fl.us/swim/>

If you have any questions or concerns, please feel free to contact our team Captains, Lou Danner and Lauren Erwin. You can also reach me, Coach Madison at mtimmons523@gmail.com.

Menendez Swim Meet Schedule 2016

- August 31** **Home: Orange Park** **5:00 pm wu 4:30**
Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084
- September 6** **Away: Palatka** **5:00 pm wu 4:30**
Address: Putnam Aquatic Center: 1209 Westover Drive, St. Augustine, FL 32177
- September 14** **Home: Matanzas** **4:30 pm wu 4:00**
Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084
- September 20** **Away: Ridgeview** **4:30 pm wu 4:00**
Address:
- September 23** **Home: SJC Relays** **TBA**
Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084
- September 28** **Home: TBA** **TBA**
Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084
- October 1** **Away: Cecil Field** **Bus 5:45 AM – 2:00PM**
Address: Cecil Field Aquatics Center: 13611 Normandy Blvd # A, Jacksonville, FL 32221
- October 3** **Away: Bartram Trail** **5:00 pm wu 4:30**
Address: 39 Riverwalk Blvd. St, Johns, FL 32259
- October 11** **Away: Clay** **5:00 pm wu 4:30**
Address: Rolling Hills: 3212 Bradley Creek Parkway Green Cove Springs, FL 32043
- October 13** **Home: St. Augustine** **5:00 pm wu 4:30**
Address: Solomon Calhoun Center: 1300 Duval Street, St. Augustine, FL 32084
- October 24-29** **Districts** **TBA**
October 31-November 5 **Regionals** **TBA**
- November 12** **States in Stuart** **TBA**
Address: Sailfish Splash Park Aquatic Athletics Center
931 SE Ruhnke St. Stuart, FL 34994